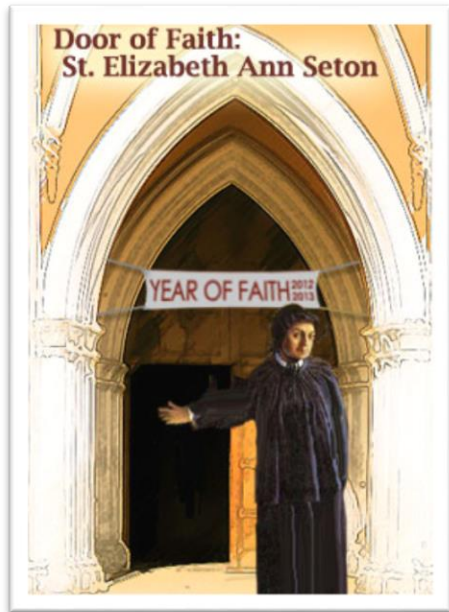


The Memorial of St. Elizabeth Ann Seton (1774 – 1821) is January 4.

How St. Elizabeth Seton Opens the Door of Faith for Us



The Power of St. Elizabeth's Example for Today

At the time of her canonization in 1975, in his foreword to a biography of Mother Seton, Terence Cardinal Cooke summed up her legacy:

In Elizabeth Ann Seton, we have a saint for our times. In Elizabeth Ann Seton, we have a woman of faith, for a time of doubt and uncertainty... a woman of love, for a time of coldness and division... a woman of hope, for a time of crisis and discouragement. Thanks be to God for this saintly daughter of New York, for this valiant woman of God's Church. St. Elizabeth Ann possessed courage as she stood up for her decision to convert to Catholicism.

St. Elizabeth's Truths of Faith

- The accepting and embracing of God's will— "The Will," as she called it— was a keynote in her spiritual life.
- Having lost her mother at an early age, Elizabeth felt great comfort in the idea that the Blessed Virgin was truly her mother. She asked the Blessed Virgin to guide her to the True Faith.
- The Eucharist, scripture, and prayer were three strongholds that strengthened her faith and nourished her in her mission of Christian formation and education.
- She had a particular fervor for the Real Presence of our Lord in the Blessed Sacrament.

Quote: "The first end I propose in our daily work is to do the will of God; secondly, to do it in the manner he wills it; and thirdly, to do it because it is his will." (Saint Elizabeth Ann Seton)

Reflection: How do you discern the will of God in the work we do?