



Society of
ST. VINCENT DE PAUL
SACRAMENTO
DIOCESAN COUNCIL

St. Vincent de Paul Sacramento Diocesan Council

Serving in Hope and Mercy



Monday Morning Memo



New Year's resolutions? Do you make them - yes or no? I haven't for years. Why promise to do something, stop doing something or change something, only to fail to follow through after a very short time? And in fact, what are we trying to do here? The goal I am sure is to be a better or healthier person. Why do we need a date like January 1 to begin this process? Can't we do this anytime? And if we have a bad habit or an unhealthy one shouldn't we be working on this every day, at all times?

Lots of rhetorical questions that probably do not have answers – this is just the way things are, right?

If I was to make resolution it might be to spend less time on my phone, iPad, or laptop. Electronics have become a such a major part of our lives in recent years, and in many cases, they create a distraction that prevents us from personal interactions; and we know how important they are. Home Visits, one-on-one encounters, that is what it means to be a Vincentian. However, on the flip side there are too many Vincentians that have not yet entered the 21st century and do not use e-mail or go online. They may consider resolving that they begin to use these tools to improve communication. Ask your grandchildren to help you!

As I have aged and as the Society has had a greater influence on my life, I realize that I can begin each day trying to be a better person, and I don't have to do it alone. God is with me, all day, every day. We don't have to wait for New Year's to decide what is right and what changes we need to make to improve not only our lives but the lives of others.

One resolution I make each day is to pray more. With prayer comes a stronger and more fervent relationship with God. This is what each Vincentian needs to be able to continue their work with those who are most vulnerable and who seek our assistance.

Have a blessed week and thanks for all you do,

Judy

ANNUAL REPORTS DUE THIS WEEK

There are many upcoming dates we should have on our calendars and they will be mentioned in the very near future. For this week, there is only one date to be aware of - [Friday January 10th](#). That is the day your Annual Reports need to be completed. Districts and Conferences if you have finalized your reports - *thank you!*



If you are having any difficulties filing these reports please contact your District President or our **Diocesan Council Treasurer, Chuck Coleman** or our **Western Region Treasurer, Roelof van Ark**. There is help out there so do not delay - act now! Our tax returns are due [February 15, 2020](#) and our CPA needs your Annual Reports to complete the filings. This is a date we cannot miss!

"If you want God to hear your prayers, hear the voice of the poor. If you wish God to anticipate your wants, provide those of the needy without waiting for them to ask you."

~ St. Thomas of Villanova

"A network of friends, inspired by Gospel values, growing in holiness and building a more just world through personal relationships with and service to people in need."

~ Mission Statement

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